



NOVEMBER 2024



## All Saints Day

Our church will mark All Saints Day with special worship Nov. 10. The Chancel Choir will share “Requiem” by Bob Chilcott. We will read the names of the saints of our church who left us in the past year, and ring the bells.

The congregation is encouraged to bring pictures of the departed loved ones in your lives to display on tables set up in front of the chancel steps and to light a candle in their memory.

While Nov. 1st is traditionally observed in the Catholic Church as a day to honor beatified Saints, here we will honor the saints we have known in our lives and from our church who have made a difference. By remembering these everyday saints, we honor the soulful world beyond our sight and ken, where all who live will travel after they pass on, where we ourselves will journey one day.

*We see them now with the eye of memory, their faults forgiven, their virtues grown larger. So does goodness live, and weakness fades from sight. We remember them with gratitude and bless their names. ❖*



## Library Storytime Returns – with TruSchool Students

by Pamela Cutkosky

Our church library is once again the scene of eager children listening to stories and discovering books for themselves. The nine youngest TruSchool students, led by teacher Chantal,

have been coming Tuesday mornings for storytime and to check out books, much like the preschoolers at First School used to do.

Librarians Orlene Fingar, Char Cutkosky, and Pamela Cutkosky (pictured) are delighted to see the library get more use beyond Sunday morning. And the kids are a joy to read to.

Orlene and Pam, both former teachers, choose two or three picture books from our collection to read aloud. Then the children are allowed to check out one book each for the next week. They have learned how to write their names on the library cards.

The weekly visit by the TruSchool children also means the library is open now on Tuesdays from 11 a.m. to 12:30 p.m., as well as Sunday mornings from 9:30 a.m. to noon. And by appointment, too! We lock the library when no librarian is on the premises, but just call the church office if you want to use the library at another time in the week. The office can let you in from 9 a.m. to 4 p.m. Monday through Friday.

The church library has a varied selection of books for children—including new pop-up books that the children have requested—and YA books for teens. The library also has a large collection of books for adults, including novels and nonfiction. Large print books are now available. You can suggest books that you would like to have added to the library’s collection by contacting one of the church librarians. ❖

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**Dear friends,**

The year is flying by, with only two months to go before we reach 2025. A lot has happened already this year, and with the election less than a week from now, we should not plan on any end in sight to the up, down, sideways times that we live in. Yet, there is a calm center at the heart of existence, the core where God is eternally present. This church community

connects us to that place where spirit, creation and creator co-exist. As we enter the season of All Saints, of Harvest, and of Thanksgiving, I feel immense gratitude to be here and serve with you.

As October ends, I find myself thinking about the many parts of the collective body that is our church. Over the last 16 months we have gotten to know one another and it is evident that we are related, that we are a family. As with any family, there are differences of opinion and perspective. We do not see everything eye to eye or have the exact same values. Nor do we always hear or speak with one another graciously. But I do believe, having witnessed it time and time again, that each of us is dedicated to this community, appreciates one another and cares deeply for the church, its people, and our ongoing relationship in faith and grace. To paraphrase John Wesley, we may not all look, think or value alike, but we certainly may love alike. For it is love that keeps us fresh and new, brings us closer to God, reminds us that despite our differences we have much more in common than we know.

Last month we celebrated Laity Sunday during worship Oct. 20. This tradition is part of many churches' October calendars, but it was my first time taking part, and the first in a while at First Church. I asked a few church members to fill a part of the order of worship that I usually handle. Emily King did the welcome, Sumith Kalas and Diane Allen shared the sermon, Lucy Tompkin handled prayer time and Lynn Gibbons spoke the benediction. I saw and heard how skillful and genuine everyone was, how natural and at ease, being themselves but in a different context from usual. I was deeply moved and grateful for their faithful and perfect gifts. Our church is blessed to have such laity.

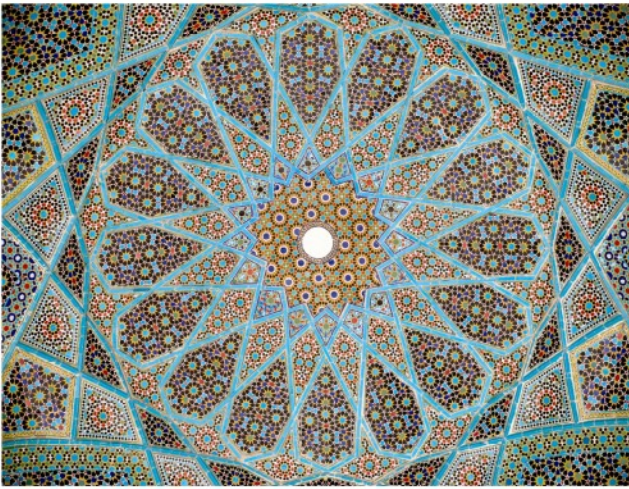
Another gathering last month was the All-Church meeting held Saturday, Oct. 12, in Kohlstedt Hall. There too, I saw the faithful members and associates of this community join for honest and open discussions about our church and its future. Through prayer, inquiry questions, survey results, and even differences of opinion, the group of 22 that attended were able to share and reflect on our church today as well as where God is asking us to go in the future. Of course more meetings and conversations will be held, but for this first one, it was encouraging to see that all those in attendance were committed and passionate about First Church, its people and mission.

A central aspect of the church is its caring and compassion for those in need, especially within the community. I have seen many people whose lives have been brightened and restored by the care of others, when they take the time to visit, to call and to remember them. We have a small but mighty team of caring souls on the church Nurture committee who strive to keep track of those in need among us. I thank them for their efforts as they assist the pastor and keep one another informed about those we do not see but who are still very much a part of the church. The blessing it brings to the sick or ailing may be evident, but it may also be seen in the eyes and lives of those who visit and keep in touch. When we share our love and compassion with others, we do so in the name and presence of God and Christ. The blessing of this is for both parties, those in need and those answering the call to help.

A prayer I heard recently touched my heart and mind. To me it reveals the truth of our all too human and holy condition. A section of it goes:

*continued on page 4*





## Mystic Poetry and Music Salon Planned

Join us for another poetry and music salon on Friday, Nov. 22, at 7 p.m. in the sanctuary, featuring the poetry of Shamsuddin Hafiz, read by Pastor Burke.

As music is the perfect friend to poetry, an assortment of musical selections will be offered by Fiume di Musica. The salon will last about an hour.

Classical medieval poetry from the Middle East is often known as mystical or Sufi verse for its evocative wordplay concerning beauty, change, love, life, death, and God. Shamsuddin Hafiz, the magnificent and beloved court poet known as the Persian Shakespeare, will be the focus of the night's readings.

“Your heart and my heart are very, very old friends.” —Hafiz ❖

## Help Decorate the Sanctuary for Advent and Christmas



Mark your calendar for our annual “Deck the Halls” work day Saturday, Nov. 30, from 9 a.m. to noon. We’ll put up wreaths, hang garlands, and move trees into place in the sanctuary. Breakfast goodies will be provided.

The first Sunday in Advent is the next day—Sunday, Dec. 1! Here’s an added incentive: There’s a wedding scheduled in the afternoon Nov. 30. The bride and groom are excited to get married in our decorated sanctuary!

Questions? Ask Mira Dabrowski or Linda Grossman. ❖

## Stock Up on Greeting Cards at UWF Annual Sale

United Women of Faith (UWF) card sales begin Sunday, Nov. 17, and will continue for the following three Sundays on the patio after worship.

Come and peruse the variety of Christmas cards, plus cards for all occasions—birthday, sympathy, get well, thinking of you. All the cards are lovingly hand-made by members of FUMC’s women’s group.



Cards cost \$5 to \$7. All proceeds benefit the mission projects of the UWF.

Card sales are their biggest fundraiser of the year.



## Pastor's Corner from page 2

O God, early in the morning I cry to you.

Help me to pray

And to concentrate my thoughts on you;  
I can't do this alone.

In me there's darkness,

But with you there's light;

I'm lonely, but you don't leave me;

I'm feeble in heart, but with you there's help;

I'm restless, but with you there's peace.

In me there's bitterness, but with you there's patience;

I don't understand your ways,

But you know the way for me.

From "Morning Prayer for Fellow-Prisoners" by Dietrich Bonhoeffer

I take great comfort in that phrase:

I don't understand your ways, but you know the way for me.

This is where our faith and purpose are both put to the test and then realized, at one and the same time. It can happen when we give up control and give ourselves over to God. Not once but again and again, for we forget and stumble and have to ask again for God's grace and help. It is a process, but one that in time sets deep roots in our lives, thereby bringing us more fully into alignment with the divine will.

So, go ahead and live life to the fullest. Grieve and rejoice, plant and harvest, laugh and cry, pray and act, worship and wonder—do all that God asks of you and give it your all. This life, as full of change and challenge as it is, is a magnificent blessing and one to approach with curiosity, hope, joy, and an abiding sense of gratitude.

Blessings to you and yours,

*Pastor Burke*

## November Worship Schedule

### Gratitude, Saints and Thanksgiving

"If you concentrate on finding whatever is good in every situation, you will discover that your life will suddenly be filled with gratitude, a feeling that nurtures the soul."

—Rabbi Harold Kushner

Gratitude is a part of faith that takes time to build and realize. Through patient efforts, gratitude for what we are given, and how we live, can become more and more prevalent in our lives. But realizing gratitude in our day-to-day existence takes time, and kindness towards ourselves, the world and God. Like growing roses or orchids, establishing gratitude successfully requires us to pay attention to our often-contrary patterns of behavior and thought. Rarely does gratitude come naturally to us. It is a unique flower which thrives on selflessness and self-sacrifice, making it quite rare to find in a human being. This month we celebrate Thanksgiving, so let us consider gratitude and encourage its elegant, altruistic workings in our heart and soul.

November 3	24th Sunday after Pentecost Holy Communion Sermon: Gratefulness, the heart of prayer Scripture: Psalm 121
November 10	All Saints Day Requiem: Chancel Choir Honoring the saints who passed since last year Sermon: All our saints Scripture: Revelation 21:1-6
November 17	26th Sunday after Pentecost Sermon: The wonder of creation Scripture: Psalm 104
November 24	Thanksgiving and Christ the King Sunday Sermon: Thanksgiving Scripture: Psalm 18



# Suggest Organizations for Joy of Giving

by Nancy Glaser, Chair, Social Action Committee

On behalf of the Social Action Committee, I want to introduce the Joy of Giving Campaign for 2024. Joy of Giving has been a Christmas tradition at our church for many years. It is an opportunity to show Christ's love both to people in our local community and the world.

Six nonprofit organizations, chosen from our community and around the world, will be listed. These can be organizations you suggest to the Social Action Committee yourselves. The preferred criteria are:

- A qualified 501 c (3) nonprofit organization.
- An organization you can vouch for as a donor or board member.
- A small nonprofit organization where our collective donation can make a real difference.

If you have an organization for our committee to consider, please send the contact information and website to [glasernancy@gmail.com](mailto:glasernancy@gmail.com) by the closing date of Nov. 10.

Through the Joy of Giving, donors will indicate to which listed organization(s) their financial gifts should be allocated. All gifts are tax deductible.



Look for the Joy of Giving brochure in your bulletin starting in late November. It will give you details about the nonprofit organizations selected and instructions for designating your gifts to the organizations you choose.

Consider giving a gift to one of the organizations in honor of someone on your Christmas list. This makes a very thoughtful gift! ❖

## Soup Lunch Helpers — A Big *thank you*

Many thanks to all who contributed soup, bread and dessert for our wonderful lunch following World Communion Sunday worship Oct. 6. More than 80 people stayed to enjoy this time of fellowship and food!

Thank you soup makers Carol Kumer, Pastor Burke, Michele Conway, Linda Grossman, Pamela Cutkosky, Orlene Fingar and Steve Wood.

Thanks to servers Mira Dabrowski, Carol, Michele, Linda and Orlene. Thank you to Sandra Florstedt who brought bread and cookies, and to dessert suppliers Cathy Katen, Janet and Bill Nicholls, Nancy Glaser, and Pamela Cutkosky.

A special thank-you to the Funaki family of First Tongan Methodist Church, who brought soup, bread ... and delicious watermelon—much appreciated on a 90-degree day! ❖

## You're Invited! Join Us for the **Joint** Church Conference in November

This year our church conference will be a little bit different. It will take place Saturday, Nov. 16, at Wesley UMC at 463 College Ave. in Palo Alto and will be a joint conference including St. Andrew's, Wesley, and First Church.

All First Church members and constituents are invited to attend, and especially church council members.

The conference will begin at 10 a.m. with a group prayer and blessing, then each church will break out and hold their own church conference.

The conferences will be followed by a potluck lunch with all three churches in Wesley's Fellowship Hall.

Please bring a dish to share with 6-8 people. It can be an appetizer, or soup/salad, or entrée or dessert.

Many thanks to Pastor Saulisi for hosting us this year! Ask Pastor Burke if you have questions. ❖

**United Methodist Student Day** is Nov. 24. This Special Sunday is a denomination-wide celebration focused on the value of education. Your gift is a practical expression of care, equipping students to shape a hopeful future. Give at church or online at [UMC Give](https://www.umc.org/give). ❖





## Advent Is Coming!

### Sunday, Dec. 1 Advent begins

Morning worship at 10:45 will be your first chance to see our sanctuary decorated for the holidays. It's a communion Sunday and we'll celebrate jointly with First Tongan Church.

### Sunday, Dec. 8

Procession of Lessons and Carols, 7 p.m.

### Friday, Dec. 20

Winter Solstice service, 7 p.m.

### Saturday, Dec. 21 Christmas

Children's party with Santa, 2 p.m.

Caroling in Palo Alto, 3 p.m.

### Tuesday, Dec. 24

Family Christmas Eve Worship at 5 p.m.

Candlelight Christmas Eve Worship at 11 p.m. ❖

## CONCERT NOTES

Saturday, Nov. 16, 4:00 p.m.

"Labyrinth" presented by Fog City Singers & Ragazzi in Concert

Ragazzi Boys Chorus' Young Men's Ensemble and Fog City Singers perform their own sets and together. Students ages 18 and younger can get \$10.00 off using the code RAGSTUDENT25. Tickets available at

<https://ragazzi.org/performances/archive/labyrinth/> ❖



United Women in Faith

## CONNECTIONS

by Nancy Olson

This year is definitely in the fast lane, and I am trying to keep up! Here are some important November dates: change your clocks back an hour Nov. 3; VOTE on or before Election Day, Nov. 5; attend the joint Church Conference Nov. 16; celebrate Thanksgiving Day, Nov. 28.

Add an opportunity to purchase UWF handcrafted Christmas cards and other greetings on the patio Nov. 17, 24, Dec. 1 and 8. Proceeds support mission projects like [Gum Moon Home](#) and [Mary Elizabeth Inn](#) and others that provide refuge and counseling for women in need.

An important date to put on your December calendar too—Dec. 12! We will again be preparing our annual cookie plates for our homebound members. We'll meet at 10 a.m. in the Patio Room. Your donation of three dozen cookies will help make this a special treat for these members of our church family. Contributing an hour to helping assemble the plates and perhaps helping with delivery can add to your own holiday cheer as it does mine each year.

May we be truly thankful for our blessings this year. Let us pray for one another, for our church, and for our country.

*Note:* At Brenda Birrell's presentation sponsored by UWF on Sept. 19, she received \$720 in donations for Save a Girl/The Global Uplift Project—enough to keep 120 girls in school! Very good news. ❖

### *It's not too late ...*

## Support the Walk to End Alzheimer's

by Linda Grossman

Even though the walk has already happened, it's not too late to make a tax-deductible contribution to our church's team. If you haven't already done so, we encourage you to donate now.

YOU make a difference by your donation. All funds raised through the Walk to End Alzheimer's advance the care, support, and research efforts of the Alzheimer's Association.

You can write a check to the Alzheimer's Association and give it to one of the team members: Robert Lasater, Nancy Glaser, or Linda Grossman, and they will mail it in for you. Or go to [our team page](#) and use your credit card to name one of the three team members.

Likely you know there is no cure for Alzheimer's or any of the other dementias. The few medications available may slow the disease for a short while for some. For all, the disease is a one-way street, taking an unimaginable toll on the finances and the physical and emotional health of the families who care for those with the disease.

*continued on page 8*



# Getting the Word Out Is More than Shouting from the Rooftop

by Pamela Cutkosky

The Communications Committee and Char Cutkosky, who's in charge of our church social media accounts and our website, are gearing up to publicize the holiday happenings at First United Methodist Church.

Inside our building, we want to make sure that those who come for Friday Night Waltz, TruSchool, concerts in the sanctuary, La Comida lunches and other events know what's going on and know we'd love to have them join us.

Look for colorful flyers on our doors (even in the bathrooms!); postcards on tables in the narthex, outside Fellowship Hall, in the lobby; posters by the Welcome desk; and pew cards about Advent and Christmas. Notice our increased use of QR codes that visitors can capture on their phones.

This season, we have the new banner frame facing Hamilton Avenue to help promote events to the broader community. In October we displayed a banner for Trunk-n-Treat and the Twilight scary organ music concert. In November you'll see a banner advertising the poetry and music salon on Nov. 22, and that will be followed by a banner advertising our special Advent Processional with Carols service on Dec. 8. Then we'll put up our banner advertising the two Christmas Eve services and the new Winter Solstice service on Dec. 20.

The advertising landscape has fractured in the last decade, with many more people looking online for information about events rather than in print advertising. Char designs ads to run on our Facebook, Instagram and NextDoor pages, as well as on Palo Alto Online, the electronic publication of the Palo Alto Weekly. We still will use some of our ad dollars for print ads in the Weekly and similar local publications. And, of course, we have the rotating banners on our website, designed by Char.

We also intend to reach out to other churches about our special Advent service on Dec. 8, particularly Episcopal and Methodist and other Protestant churches who share a similar music tradition to ours.

Don't forget: Word of mouth is still the most effective way to bring people into our church. Tell your friends and neighbors! Invite them to join us. ❖

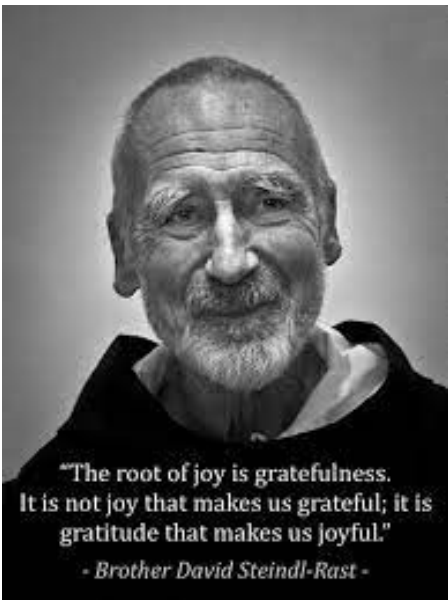


Scenes from Oct. 27 Trunk-n-Treat and the Twilight Organ and Scary Tales Concert with Diane Keller and Pastor Burke. Sixty people attended the concert and contributed almost \$400 for the organ fund! Photos by Linda Grossman, Susan Stephens, Burke Owens.





The Chancel Choir and congregation honored Music Director Mark Shaull for 30 years of service to FUMCPA at a luncheon Sept. 29. Photo by Burke Owens



*"The root of joy is gratefulness. It is not joy that makes us grateful; it is gratitude that makes us joyful."  
- Brother David Steindl-Rast -*

**Alzheimer's** from page 6  
The Alzheimer's Association staffs a 24/7 helpline providing information and support to caregivers. The association also provides online and in-person training and facilitated caregiver support groups.

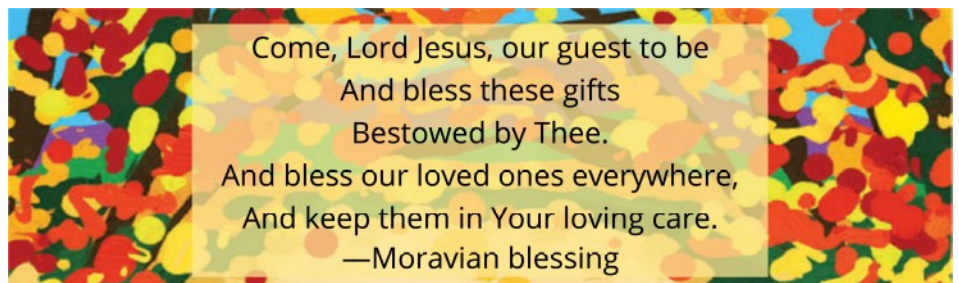
A special thanks to Robert Lasater who was our team captain and the impetus for the FUMC team again this year. ❖

## Church Survey Results Talled

Many thanks to all those who attended the All-Church meeting Oct. 12. One item of discussion at the meeting was results of the survey that First Church and Pastor Burke developed and sent out to the congregation in September. Thirty-four people filled out the survey.

Read the survey results below. Please click on this [audio link](#) from the All Church Meeting for more detailed results.

1. Do you feel welcome at our church? 96% said yes
2. Do the sermons at worship move you spiritually? 76% said yes
3. Does the worship music at our church resonate with you? 64% said yes
4. Do you find the relationship between First Church and First Tongan to be positive? 76% said yes
5. How do you participate in our church?
  - 96% Worship and religious programs
  - 73% Small groups and social activities
  - 55% Church committee participation
  - 32% Volunteering and outreach
  - 67% Giving in support of church and programs
6. Pastor proposed events—which are you most interested in?
  - 50% Poetry and music Salons
  - 5% Men's group
  - 26% In-person Bible study
 Other suggestions from respondents—potlucks, Advent music, hands-on mission opportunities
7. Which way would you be able to support a local food bank?
  - 20% Take a turn to help in person
  - 52% Give food donations
  - 55% Make a cash donation
8. If you could change one thing about our church, what would it be?  
Answers are separated into three categories—Membership, Worship, and Outreach—and can be heard on the [audio link](#) recording starting at timeline location 12:50. ❖



Come, Lord Jesus, our guest to be  
And bless these gifts  
Bestowed by Thee.  
And bless our loved ones everywhere,  
And keep them in Your loving care.  
—Moravian blessing





# Green Notes

by Nancy Olson

We have all been encouraged to recycle—recycle—recycle .... It is a part of our everyday lives now. Unfortunately too many of us don't take it seriously enough to recycle responsibly. Not taking care 'how' we recycle, we can actually sabotage the good work of others.

Putting rinsed or wiped cans and bottles into recycling is good. But containers with food still in the bottom, even a little bit, can make an entire cart or even truckload un-recyclable and diverted to the landfill.

Recycling correctly can keep a lot of plastics out of the waste stream. So put the right stuff in the recycling bin, and don't try to recycle items our county doesn't accept. Just because you put bubble wrap or a potato chip bag in the bin doesn't mean it's going to magically be recycled. This is "wish-cycling" and may alleviate some of your guilt but it just clogs the system and makes recycling more expensive. When in doubt, leave it out.

Greasy, grimy, gooey and wet paper is GOOD for your green/compost cart. Any paper that comes in contact with dirt, grime, liquid, or greasy

and gooey food is compostable. Place in your green cart. That also includes any paper that has gotten wet from the rain, from handwashing, cleaning up spills, or holding liquids, such as coffee tea or milk. Soiled papers like these are NOT recyclable, but they ARE compostable.

Batteries and more batteries. It does seem that more things require batteries these days. According to the Environmental Protection Agency, about three billion batteries are purchased each year in the U.S.

Throwing batteries away in your curbside collection container can cause big problems. After the truck collects and compacts your waste, batteries can get crushed and leak hazardous material. This leads to fires inside the collection truck and at the processing facilities. It happens too often, and puts the driver, other vehicles, facility workers, and the environment at risk.

*continued on page 10*



Hanging out in the shade! Family Ministries sponsored an outing to Stanford's Oct. 5 football game — and it was 98 degrees! Photos by Pamela Cutkosky



**Green Notes** from page 9

Dispose of your batteries safely and responsibly at the Household Hazardous Waste (HHW) station. They accept them all: alkaline, lithium-ion, zinc-carbon, automotive, rechargeable, button-cell, and cellphones, and tablets with embedded batteries!

We have resources available. But disposing of our waste is an individual responsibly. For detailed information, see Green Waste’s [“What goes where”](#) guides.

Join me in closing this year out being a dedicated, educated, and very responsible citizen for our environment. ❖



**NOVEMBER BIRTHDAYS AND ANNIVERSARIES**



- 11/01 Isileli Fakalata, Jr.
- 11/02 Amiyah Huston
- 11/03 Paula McKinney
- 11/04 Blair Helu
- 11/07 Alicia Breen
- 11/08 Rick Branner
- 11/09 Caroline Owens
- 11/10 Michele Conway
- 11/10 Linda Grossman
- 11/10 Justin Fung
- 11/10 Annie King
- 11/10 Anna Leong
- 11/12 John Pencavel
- 11/16 Michael Riley
- 11/16 John Kispert
- 11/17 Marion Hollar
- 11/18 Patty Bellardo
- 11/18 Steve Hickman
- 11/19 Bill Michel Jr.
- 11/20 Mina Kiringoda

- 11/20 Sydney Keller
- 11/20 Kevin Keller
- 11/21 Gladys Kalas
- 11/22 Joseph Rahn
- 11/22 Alex Riley
- 11/22 Raymond Bailon
- 11/23 Brynn Iglehart
- 11/24 David Blackburn Jr.
- 11/25 Jerry Johnson
- 11/25 Caryn Cranston
- 11/27 Alice Loughry
- 11/30 Margaret Blackburn



- 11/05 Jill Kispert, John Kispert
- 11/11 Lucy Tompkin, Scott Thomas
- 11/11 Janet Nicholls, Bill Nicholls
- 11/30 Carol Carpenter, George Carpenter

The Finance Committee thanks you for your generous and gracious support and requests that you continue to keep your pledges current. Please direct inquiries to Lou Bellardo: [lou@bellardo.com](mailto:lou@bellardo.com).

September 2024 Income and Expense Summary	September 2024 Actual	Actual YTD 2024	Budget YTD 2024	Budget Annual 2024
Income				
Total Member Giving	24,778	296,344	302,568	407,617
Total Income All Other Sources	18,301	232,469	176,311	273,189
Total Income	43,079	528,813	478,879	680,806
Expenses				
Conference Tithe	3,664	51,256	48,750	65,000
Council on Ministries	1,949	11,864	26,077	40,050
Staff Parish Relations	35,351	286,121	314,528	425,732
Office and Finance	1,753	13,316	14,797	20,100
Board of Trustees	18,201	137,217	143,618	176,150
Total Expenses	60,917	499,774	547,771	727,032
Excess (Deficit) of Income over Expense	-17,838	29,039	-68,892	-46,226





# November

Monday–Friday, La Comida, 11–1 p.m., ongoing

- 3 Fall Back! Daylight Savings Time ends
- 5 Staff Parish Relations, 7 p.m. (Zoom)  
Election Day
- 10 All Saints celebrated in worship, 10:45 a.m.  
Last day to suggest organizations for Joy of Giving. See page 5 for details.
- 12 Trustees, 7:30 p.m. (Zoom)
- 16 Joint Church Conference (at Wesley UMC in Palo Alto), 10 a.m. See page 5 for information.
- 17 UWF Christmas and greeting card sales on the patio after worship
- 19 Finance, 7:30 p.m. (Zoom)
- 20 Deadline for December issue of Insights
- 22 Mystic Poetry and Music Salon, 7 p.m.
- 24 UMC Student Day (special offering)  
UWF Christmas and greeting card sales on the patio after worship
- 28 Thanksgiving
- 30 Deck the Halls, 9 a.m. – 12 noon. See page 3.

**Information for the next issue of the Insights newsletter is due Nov. 20.** Photos of church events are accepted at any time. Include name of photographer, date of photo, and brief description of the event. Everything is subject to editing. Please send your submissions via email to Insights Editor Michele W. Conway: [insightsfirstpa@gmail.com](mailto:insightsfirstpa@gmail.com) or bring them to the church office. Thank you!

## WEEKLY SCHEDULE

→ **Masks are optional but recommended for in-person activities.** Some activities meet online via Zoom, as noted. See e-news for details.

→ Church office hours are 9 a.m. to 4 p.m., Monday through Friday. Doors are kept locked. Please phone the office or ring the electronic door bell to be admitted. **Masks are recommended.**

### Sundays

- 10:00 a.m. Sunday School for ages 4-11
- 10:45 a.m. Worship, in person and live-streamed. Check [firstpaloalto.com](http://firstpaloalto.com) or Friday e-news for the link.
- 11:45 a.m. Snack 'n Chat
- 12:15 p.m. Couples Group (1st & 3rd Sundays)
- 12:15 p.m. Bible Study (2nd & 4th Sundays)
- 5:00 p.m. Fellowship Friends (schedule varies)

### Mondays

- 7:00 p.m. Social Action movie discussions (Zoom) See e-news for details.
- 7:00 p.m. Fiume di Musica rehearsal
- 7:15 p.m. Bible Study (Zoom)

### Tuesdays

- 9:50 a.m. Walking Group (offsite). See e-news.
- Noon Current Affairs Fellowship (Zoom)

### Wednesdays

- 5:00 p.m. Covenant Class (Zoom)
- 7:00 p.m. Upstream Contemporary Worship (Zoom)

### Thursdays

- 1:00 p.m. Call to Prayer
- 7:00 p.m. Chancel Choir Rehearsal

Our electronic giving page is always open! Give with a few clicks at [firstpaloalto.com/giving](http://firstpaloalto.com/giving) or text Give to 1-650-376-6784 for a link with instructions. Your generosity makes our mission possible. Thank you!





**FIRST PALO ALTO**  
UNITED METHODIST CHURCH

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**RETURN SERVICE REQUESTED**

## FIRST PALO ALTO UNITED METHODIST CHURCH

Inside this issue of **INSIGHTS**  
**NOVEMBER 2024**

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**Next INSIGHTS deadline: Nov. 20**

