



All-Church Conference Will Meet Dec. 10



Please plan to attend our annual end-of-year Church Conference at 4 p.m. Saturday, Dec. 10, to be held **IN PERSON** in Kohlstedt Hall. District Superintendent Samuel Hong will preside.

The main items on the agenda are the membership report and Centennial Endowment grants. All church members can vote and are encouraged to attend.

Family Christmas Eve Service Features Impromptu Pageant



We invite you to join us for the family worship service Saturday, Dec. 24, at 5 p.m. We will have an impromptu pageant, representing the birth of Jesus. All children in attendance will be invited to choose a role, such as angel, shepherd, etc. The church will provide costumes so everyone can participate. There will be snacks and hot chocolate. Invite your grandchildren, nieces, nephews, and neighbors to be part of this fun experience of the nativity of our Lord Jesus Christ. ❖

Come Back! Church. What's Missing? U

by Douglas Norris, Interim Pastor

Advent/Christmas is an ideal time for U to come back and worship—express your gratitude to God publicly in your church. And your church needs U.

Some of U left during the pandemic and have not yet returned. Some of U lost interest. Some of U were discouraged. Some of U were hurt. Some of U were angry. I would very much like to know your reasons and, together, work on how we can get U to come back.

“Get ready for Christmas” is our theme this year. It is a busy time—buying and decorating a tree, decorating the house or apartment, lighting advent candles, baking cookies, purchasing gifts (wrapping, anticipating, shaking, smelling, guessing), watching Hallmark Christmas movies! But, we also need to prepare our minds and ready our hearts for the coming of Christ in the birth of the baby Jesus.

This is a beautiful season. The sanctuary has been festively decorated. The Sunday morning worship services and sermons will help us get ready spiritually for Christmas. Sunday, Dec. 4, our choir and scripture readers led us in our annual service of Lessons and Carols.

The family service at 5 p.m. on Christmas Eve will feature all children who attend, “starring” in the beloved pageant. Instructions and costumes will be provided. (See article, left.)

The 11:00 p.m. candle service with the singing of “Silent Night” will bring back cherished memories.

And, this year, Christmas is on Sunday. We will celebrate at 10:45 a.m.

Come back! If you are a missing U, U are deeply missed! ❖

Christmas Eve Worship
5 p.m. Family Service
11 p.m. Midnight Service
Christmas Day Worship 10:45 a.m.





Holiday Green Notes by Nancy Olson

It is again time to share greetings with family and friends. A time to remember the true meaning of the season. (Be sure to check the church calendar for joyful opportunities to worship our Lord). A time to remember to honor our environment, too.

Reducing the use of single use items is a good start. Avoid paper plates, napkins, etc. Wrap gifts in recycled paper, or newspaper, or comics, or in fabric wrap that's also part of the gift. You and your children or grandkids can make stamps from potatoes and use food coloring to decorate newsprint.

Reuse Christmas and other greeting cards to decorate gifts to be mailed instead of using bows that will be crushed. Cut out the designs you like and reuse them for gift tags or add them to sturdy backing for new ornaments or collages. Be creative with the creativity of others.

Tickets to sports or entertainment events are thoughtful gifts, along with memberships in gyms or favorite museums, or subscriptions to magazines.

Homemade treats (cookies, pie, granola, sachet from your garden, needlepoint ...) are personal and show you care.

How about a coupon booklet? This coupon redeemable for two hours babysitting, or dog walking. This coupon redeemable for a pie of your choice (with two day notice). I am sure your imagination is better than mine to come up with some fun ideas.

The main idea is to share something personal, meaningful to the recipient; something that does not result in waste.

As we step into the new year, we will face new challenges, new opportunities. It is a time to practice friendliness, kindness, compassion, gratitude, forgiveness, and even environmentalism. Practice until we get them right. Let's start in our homes, appreciating our families, and in our church family, and in our community.

God has blessed us with many gifts. This is the day, the season, the Lord has given. Let us be glad and rejoice in it.

Happy Blessed Christmas and New Year! ❖



Nancy and John Larson get into the spirit hanging wreaths in the sanctuary during "Deck the Halls," Nov. 26. Photo by Pamela Cutkosky



Cookie Collection

First Palo Alto's United Women in Faith (UWF) group invites each woman of the church to contribute three dozen cookies for the preparation of cookie plates for shut-in members. Bring the cookies to the Patio room any day beginning Sunday, Dec. 11, through Friday, Dec. 16.

Women are also welcome to join with UWF Friday, Dec. 16, at 10 a.m. to assemble and deliver the cookie plates. It is lots of fun, and truly is a local mission project. ❖

Zoom Art Class

Dec. 30



Take a breather this holiday season between Christmas and New Years and drop in to the online art class Friday, Dec. 30, at 5:00 p.m.

Illustrator Ben Conway gives instruction and support to help you practice drawing and have fun with art. No experience necessary. All ages welcome.

Bring your favorite art supplies or just paper and pencil. Class meets via Zoom. Find the link in the church e-news. ❖

LifeMoves Holiday Shop Invites Volunteers

LifeMoves annual Holiday Shop for the Homeless will take place Wednesday, Dec. 21. This is the annual festive holiday event where LifeMoves provides each of their clients with a new warm coat, socks, a pair of sturdy shoes, and cozy necessities like sleeping bags, blankets, backpacks, and more.

Volunteers are needed Tuesday, Dec. 20, to sort through and organize the donations ahead of time. (Last year we had hundreds of jackets to sort by size—such a gratifying experience!)

We also need a number of volunteers Wednesday, Dec. 21, for the actual event. (Think decorations, organization, distribution to clients, or additional talents like music/fun activities). If you or your organization want to help, this is a great group event!

Contact Philip pdah@lifemoves.org if you would like to volunteer. ❖

INSIGHTS December 2022 – January 2023

Music and Meditation

Join us in the sanctuary Dec. 15 from 12:30 to 1:00 p.m. for the last Thursday Meditation of 2022. This will be a special Christmas edition of Meditations, focused on the joy of the season, with Diane Keller at the organ. All are welcome, so bring along a friend to kick off the holiday season. ❖



Lots of wonderful Christmas music will grace our beautiful sanctuary this December. Come and enjoy! Check the church calendar for events of interest.

Saturday, Dec. 17, at 7:30 p.m., two organizations, The Choral Project and the San Jose Chamber Orchestra, will present a concert entitled, Winter's Gifts: Peace. The concert will feature music by classical and contemporary composers alike, including René Clausen, Joan Szymko, William Susman, and Ahmed Alabama. The program will also present world premieres by Theodore Lucas and The Choral Project's artistic director and founder, Daniel Hughes.

Many youth choruses also will sing at First UMC Palo Alto. Many of them have become so popular that their families take a very large percentage of our very large church! ❖



Christmas Crackups

Enjoy these kid-friendly holiday jokes!

What do you sing at a snowman's birthday party?

* "Freeze a jolly good fellow!"

What did Adam say the day before Christmas?

* It's Christmas, Eve!

What does the gingerbread man put on his bed?

* Cookie sheets.

What is a Christmas tree's favorite candy?

* Ornaments.

What goes "Oh, Oh, Oh"?

* Santa walking backward.

Why did Rudolph get a bad report card?

* Because he went down in history.

What is an elf's favorite kind of music?

* Wrap music!

How much did Santa pay for his sleigh?

* Nothing. It was on the house!

What kind of photos do Santa's helpers take?

* Elfies.

UNITED WOMEN IN FAITH

by Nancy Olson

- During the long COVID shadow we reached out to our shut-in members with handmade greeting cards to let them know they were not forgotten and remained in our prayers. A big thank you to Ruthie Waters for sharing her creative talent.

As we are beginning to move around more freely and greet one another in person (aware that the COVID virus is still moving around us, too), it is time to renew our long tradition of preparing Christmas cookie plates and delivering them to our shut-ins and those on our prayer list.

We have 36 plates to prepare. We invite all ladies of the church to participate by contributing three dozen cookies. Bring them to the Patio room any day beginning Sunday, Dec. 11, through Friday, Dec. 16. Join us Friday, Dec. 16, at 10 a.m. to assemble and deliver the cookie plates. It is lots of fun, and truly is a local mission project.

- In a positive message about one of the mission projects we have supported for years, McCurdy Mission School: Now McCurdy Ministries Community Center creates hope and empowers the lives of children, youth, adults, and families through education, life skills, and faith-based programs in Española, New Mexico.

As they begin their 110th year in the Española Valley, it is hard to even count the number of lives impacted through the years because of McCurdy's presence. People who have never stepped on campus still may have been affected because they needed help from the Fire Department, went to nursing school locally, had a visit to the local hospital, or played in an intramural sports program. All of these programs and services were first started from McCurdy Schools of Northern New Mexico. McCurdy has been so much more than just a system which provided an excellent education with a Christian influence.

"Since our existence in 1912, through our various church affiliations and names, Women united in faith have helped and supported, donated, volunteered, and prayed for McCurdy Ministries. Their faith and commitment ... has been the bedrock, supporting us for 110 years. They made a difference and continue to do so and we are deeply grateful."*

- Thanks to each of you who joined me in saving the plastic tabs on bread and other bakery products for The Global Uplift Project. Unfortunately, the small company that was able to use them to support their family has ceased to operate during COVID.

- Every day 27,000 trees lose their lives to make toilet tissue. Some companies clear-cut virgin forests for their products, which diminishes the forests' natural systems for sequestering

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Practice ~~Random~~^{Intentional} Acts of Kindness this Season

by Pamela Cutkosky, SPRC Chair

It was always a cliché to say that the Christmas holidays are such a busy time. Then, in 2020 the holidays weren't so busy. COVID kept us at home in our pandemic pods, celebrating online with family far away. Holiday concerts were online, our Christmas services were online, our shopping was online.

Isn't it nice to be busy again? Christmas parties to go to—or plan, a plethora of holiday concerts and performances, shopping in real stores.

As we find ourselves busier this December, remember that it's getting busier in the church office, too. More requests, more bulletins, more events, more phone calls—more of everything!

If you need our office staff to print for you or arrange publicity or help set up a room, please give them plenty of advance notice. Remember that others, too, are asking for their help. Can you offer to help in the office during a crunch time? It would be appreciated.

In this season of love, please be patient, please be kind. Show your love to our wonderful staff! ❖

12 Days of Christmas Kindness

by Michele W. Conway



No partridges or golden rings to sing about, but here are 12 ideas for the 12 days of Christmas. (Begin Christmas day or the day after.) Do them in any order you choose. Print this page and check them off as you complete each one.

- ❖ Write a joyful scripture note and hide it somewhere that someone will find it. Scripture suggestions: Isaiah 40:31, Galatians 5:22-23, Philippians 4:6-7, 1 Peter 5:6-7.
- ❖ Take something to a neighbor—such as baked goods, a card, fruit, flowers. What would brighten their day and yours?
- ❖ Read the Christmas story with someone or a few people. (Luke 2:1-21, Matthew 1:18-25, 2:1-12). Let everyone retell or draw a picture of their favorite part of the story.
- ❖ Look at the stars at night. Praise God.
- ❖ Surprise hug someone.
- ❖ Count your blessings. Use popcorn—one kernel per blessing. Then pop the results. Enjoy!
- ❖ Encourage someone. Tell them how you really like the way they do something. Or write it in a card.
- ❖ Thank someone today.
- ❖ Walk or drive around your neighborhood and admire the holiday lights. Leave notes complimenting the displays you most enjoy.
- ❖ Forgive someone. Have you been hurt or angered by something someone said or did? Figure out a way to let it go. Start with prayer.
- ❖ Call or text someone from church that you have not seen for awhile.
- ❖ Give something away—such as donate a book to a little free library, take food to a food closet, give a gently-used item to a thrift store for resale.

UWF continued from page 4

carbon and helping all of us breathe. In the new year, switch to a sustainable TP alternative—bamboo, which can be harvested every three months.

A Christmas story: “In my hometown church, the nativity scene was set up on the altar as part of the Hanging of the Greens on the first Sunday of Advent. The magi figurines, however, would be placed in a different part of the sanctuary, far away from the altar, and they would be moved closer to the nativity each Sunday until Jan. 6, when they’d reach the altar with their gifts for the holy family. ‘For we observed his star at its rising,’ the magi say about Jesus in Matthew 2:2, ‘and have come to pay him homage.’

Jan. 6 begins the season of Epiphany, which ends on Ash Wednesday. Epiphany commemorates this visit of the magi to the Christ child. The word epiphany means appearance or manifestation—God is now among us. Are we living as if we believe this?”

—Tara Barnes, Editor, *Response*



United Methodist women, this is a time to look for stars. It’s a time to follow them. It’s a time to believe that

following them will lead to a new world. This coming year will be one of change for us, our church, and our country. Let us dare to set out into the world and live it as if we know God is among us.

Merry Christmas and Happy New Year. ❖

A collaboration across time and place

For Christmas Day worship, many churches use Psalm 98. It is fitting, then, that Isaac Watts, who interpreted 132 psalms as hymn texts, based a now-beloved carol on Psalm 98.

Watts (1674-1748) was a student of language, religion, and philosophy. He wanted to make scripture more relevant to lay people and thought hymns could help. Watts composed more than 600 hymn texts, many still in use. But Psalm 98:4-9, “Joy to the World,” needed music to fit its words.

Enter Lowell Mason (1792-1872), an American choir director. He came across Watts’ Psalm 98 hymn text and sought inspiration for a melody from the famous oratorio *Messiah* by George F. Handel (1685-1759). Mason pulled musical phrases from sections of Handel’s work, resulting in the tune we now recognize as “Joy to the World.”

So it is that three men who lived across three centuries and never met—along with the composer of the original psalm more than two millennia earlier together produced a hymn to the Christ-child, which millions have sung and continue to love. —*The Newsletter Newsletter*

What Is Human Relations Day?

Human Relations Day is a United Methodist Church Special Sunday designed to celebrate and raise awareness to further the development of better human relations by involving congregations in community



and youth outreach. A special offering is taken the Sunday before Dr. Martin Luther King Jr.’s birthday (Jan. 15, 2023). Gifts received for the offering build King’s vision of “the beloved community” through programs such as Community Developers and

United Methodist Voluntary Services and Youth Offender Rehabilitation Programs. Donate at our church or [give online](#).

Fifty-seven percent of the funds received support community developer programs that strive to build, maintain, promote and strengthen racial-ethnic minority congregations. Thirty-three percent of the funds received support The United Methodist Voluntary Services (UMVS) that serves as a resource to congregations, volunteer-based groups, and programs that challenge unjust political, social, and economic systems. Ten percent of the funds received support rehabilitation programs. These programs work to strengthen youth empowerment programs that provide positive avenues for youth participation in their communities.

One of the wonderful aspects of The United Methodist Church is that we can do so much more together than we ever could do on our own. Our gifts are part of building “the beloved community.” ❖



Funding Scholarships to Help Students Achieve Their Dreams

by Nancy Glaser of the Social Action Committee

First UMC Palo Alto recently received a generous grant from the Kurian Trust (a church family). The grant designated \$60,000 to be used “to help the less affluent.”

The Social Action Committee, through discussion and research, determined how the church would support those “less affluent” in our community.

The committee agreed that offering scholarships at the community college level would make the most difference to those who mostly needed access to further education.

We have partnered with the San Mateo County Community Colleges Foundation (SMCCCF) for the selection of the deserving students in need of financial help. The scholarships are for the benefit of students attending Cañada College, College of San Mateo, and Skyline College.

We are making this year’s donation of \$20,000 for the following:

1. The Promise Scholars Program, which helps students achieve their goals by making college more affordable and ensuring that the dream of higher education is attainable by all members of our community. Ten \$1,600 gifts to support the Promise Scholars Program
2. A gift of \$2,000 to support the SMCCC Foundation Undocumented Student Fund
3. A gift of \$2,000 to support the SMCCC Foundation Student Emergency Fund

We are thankful to the Kurian family for making this donation possible. We will be introducing the scholarship recipients to the church during 2023. There will be opportunities to both interact with and support these deserving students in our midst.

Read more about the SMCCC Foundation programs at foundation.smccd.edu. ❖



First UMC Palo Alto will again host the **Great Decisions** discussion series on

contemporary international issues beginning in February. The series will be held from 7:00-8:30 p.m. on successive Sundays from Feb. 19 through April 16. Additional details on the topics and speakers will be provided in the February issue of Insights. ❖

Writing In a New Year

A journalist once said you can measure the quality of a piece of writing by the quality of what has been cut. No matter how beautiful or interesting a phrase or sentence is, the piece may be stronger without it.

Rabbi Evan Moffic applies this wisdom to life in general. Too often we refuse to let something—a habit, a memory, a process—go, even when it no longer serves us. Thinking of our life as a book, we can cut out, edit or rearrange some pages or sentences to reflect our new learnings and growth.

This is not always easy, but we don’t have to do it alone. “God is our ‘editor-in-chief,’” says Moffic, “and we are part of God’s story. [While] God ... gives us free will to decide what to write on the pages of our lives, ... God is always there for conversation and consultation. And God left us a great guidebook called the Bible. Its lessons make our writing shine with truth and beauty.” With God’s guidance, what will you “write” in the new year? ❖



Trunk and Treat

by Gerardo García Palacios

Oct. 29 was the “Trunk and Treat” event in our church parking lot. The event was very successful. We had ten cars with decorations on their trunks. We had music, games, and tables with activities. Children, youth, and adults had a great time collecting sweets and admiring the decorated cars. I had the chance to dress up as one of my favorite Star Wars characters and feel like a kid again.



At first, I thought that only a few families would arrive, but at the end of the event, no car had any sweets left. More than 80 people joined the fun that afternoon. Seven families registered on our list to be invited to future family and children’s activities.

The impact of this event marks an important moment for our church after almost two years of meeting restrictions because of COVID. Thank you to all the brothers and sisters of the congregation who supported this event. Each car was a work of art.



My heart was full of joy to see all the happy people collecting sweets and participating in the activities. The joy in the faces of the families that day was a reflection of the joy and kindness of Jesus.

Thanks to all the volunteers who donated their time and their trunks!❖



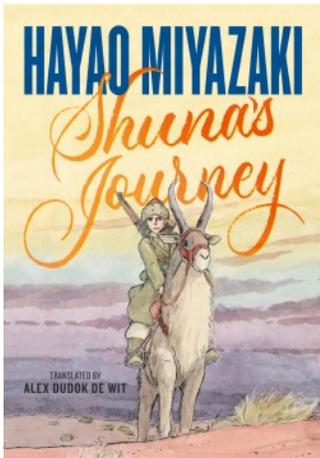
Hello First Palo Alto Readers!



by Charlotte Cutkosky

You may know legendary Japanese filmmaker and animator Hayao Miyazaki for his Oscar-winning *Spirited Away*, and other groundbreaking animated films like *Howl's Moving Castle*, *Princess Mononoke*, and *My Neighbor Totoro*. Miyazaki's work often involves fantasy or historical settings with feminist, environmentalist, and anti-war themes.

Miyazaki wrote and illustrated his graphic novel *Shuna's Journey* back in 1983, but it's only just now been translated into English. Loosely based on a Tibetan folktale, the story follows Shuna, the prince of a



land afflicted with drought and famine, who journeys to the land of the "God folk" in

search of "golden grain" to save his subjects, facing perils along the way.

If you enjoy Miyazaki's writing and want more, you can check out any of his films, or his multi-volume manga series *Nausicaä of the Valley of the Wind*, about a princess who takes her father's place as leader in a post-apocalyptic world.

Happy reading, and peace on earth. ❖



CEF Supports Sibling Cities Launch

by Vicki Veenker

Sibling Cities USA (SCUSA) builds relationships between American cities to bridge our country's regional divides and knit this country back together. SCUSA launched at the end of 2021 with a pilot project connecting Palo Alto with Bloomington, Indiana. Thanks to a Centennial Endowment Funds (CEF) grant for start-up expenses, SCUSA saw many milestones in 2022.

At SCUSA's virtual launch event in February, the mayors of Palo Alto and Bloomington signed a resolution formalizing the relationship. Stanford coach Tara VanDerveer, who played at Indiana University as an undergrad, spoke about the two cities and Cornell William Brooks, former NAACP president and Harvard professor, did a fireside chat with SCUSA founder Vicki Veenker.

Over the following months, community members in the two cities reached out to their counterparts, including a Kiwanis joint food drive, Rotarians traveling to Bloomington, a joint high school essay contest on civil courage, and more. In early November, 17 people from Bloomington visited Palo Alto for business meetings, a tour of Stanford, a climate summit with US Department of Energy Asst. Sec. Nouri, social events, and a free concert in our sanctuary featuring a string quartet from the elite Jacobs School of Music at Indiana University.

In 2023 SCUSA will launch its Civil Discourse discussion series between the two cities. Please join in and help renew the public square as we re-learn how to speak to each other with respect and civility across the miles. ❖



DECEMBER AND JANUARY ANNIVERSARIES AND BIRTHDAYS



12/04/2010 Jose Irizarry,
Sally Irizarry
12/26/1987 Gary Ahlberg, Linéa
Stewart
12/28/1968 Tom Fingar,
Orlene Fingar
01/22/1994 Keith Perry, Heather
Perry

12/1 Brian Steen
12/1 Angela Chen
12/1 Owen Iglehart
12/1 Janie Serkes
12/3 Tuli Fakalata
12/3 Kevin Nichols
12/3 Mel Smith
12/6 Florence Jensen
12/7 Joanne Perry

12/8 Jamie McCartney
12/9 Lucy Tompkin
12/9 Bill Bauriedel
12/10 Judy Buttrill
12/10 Mark Shaull
12/11 Wayne Wiebe
12/12 Aavya Kalas
12/12 Carol Carpenter
12/12 Drew Camens
12/13 Karen Black
12/13 Lakshmi
Arunachalam
12/17 Marcia Sterling
12/19 Jesse Fifita
12/20 Mira Dabrowski
12/22 Phyllis Sherlock
12/23 Emily King
12/25 Tutu Fakalata
12/25 Carol Kumer
12/27 Charlotte Cutkosky
12/29 Maeva Herbert-Paz
12/31 Jo Zimmerman

01/2 Pamela Cutkosky
01/2 Diane Keller
01/3 Jose Irizarry
01/4 Megan Sheridan
01/9 Peggy Foiles
01/9 Carl Herbert
01/10 Allyson Laughton
Santos
01/11 Tom Fingar
01/12 Samantha Sasaki
01/18 Andrew Breen
01/19 Kyle Trammell
01/19 Mark Bui-Ford
01/20 Fran Moyer
01/20 Joe Witte
01/23 Thomas Garner
01/24 Andrew Michel
01/25 Ally Yang
01/27 Chrissie Blair
01/28 John Larson III
01/29 Al Nilsen
01/30 Scott Thomas



Finance Update

The Finance Committee thanks you for your generous and gracious support and requests that you continue to keep your pledges current. Please direct inquiries to Lou Bellardo: lou@bellardo.com

September 2022 Draft Income and Expense Summary	September 2022 Actual	Actual YTD 2022	Budget YTD 2022	Budget Annual 2022
Income				
Total Member Giving	8,570	269,264	184,759	311,588
Total Income All Other Sources	10,755	114,935	149,075	231,800
	19,325	384,199	333,834	543,388
Expenses				
Conference Tithe	3,837	35,800	34,913	48,000
Council on Ministries	231	8,887	41,200	56,670
Staff Parish Relations	30,432	263,612	301,033	401,378
Office and Finance	1,481	11,809	18,312	24,250
Board of Trustees	14,309	117,421	159,289	203,500
Total Expenses	50,290	437,529	554,747	733,798
Excess (Deficit) of Income over Expense	-30,965	-53,330	-220,913	-190,410



DECEMBER

- 4 Second Sunday in Advent
Couples group, noon
Advent Service of Lessons and Carols, 7 p.m.
- 6 SPRC, 7:00 p.m. (Zoom)
- 10 Church Conference, 4 p.m. *in person*
- 11 Third Sunday in Advent
- 13 Trustees, 7:30 p.m. (Zoom)
- 15 Last Thursday Meditation of the year
- 16 UWF cookie plate assembly and delivery, 10 a.m.
- 18 Fourth Sunday in Advent
Corelli Christmas Cantata, 10:45 a.m.
Couples group, noon
- 20 Finance, 7:30 p.m. (Zoom)
- 24 Christmas Eve
Family Worship Service, 5:00 p.m.
Midnight Worship Service, 11:00 p.m.
- 25 Christmas Worship Service, 10:45 a.m.
- 26 Church office closed
- 27 Church office closed
- 30 Zoom Art Class, 5:00 p.m.



JANUARY

- 1 New Year's Day
- 2 Church office closed
- 3 SPRC, 7:00 p.m. (Zoom)
- 10 Trustees, 7:30 p.m. (Zoom)
- 15 UMC Human Relations Day (special offering)
Couples group, noon
- 16 Martin Luther King, Jr. Day
- 17 Finance, 7:30 p.m. (Zoom)
- 20 Insights deadline

Our electronic giving page is always open! Give with a few clicks at firstpaloalto.com/giving or text Give to 1-650-376-6784 for a link with instructions. Your generosity makes our mission possible. Thank you!

Donate



WEEKLY SCHEDULE

→ In-person worship has resumed. Worship also is live streamed. **Masks are recommended for in-person activities.** Many activities continue to meet online via Zoom, as noted.

→ The church office is open, but the doors are locked. Please phone the office—or ring the electronic door bell—to be admitted. **Masks are required.** Office hours are 9 a.m. to 4 p.m. Monday through Friday.

Sundays

- 10:00 a.m. Sunday School, ages 3–11
- 10:45 a.m. Worship in person and live streamed
Check firstpaloalto.com
or Friday e-news for the link.
Snack-n-Chat, after worship

Mondays

- 7 p.m. Social Justice movie discussions
(Zoom) See e-news for details.
- 7 p.m. Fiume di Musica Rehearsal
- 7:30 p.m. Bible Study

Tuesdays

- 2 p.m. Bible Study, Channing House
- Noon Current Affairs Fellowship

Wednesdays

- Noon Weekly Sermon Study (Zoom)
- 5:00 p.m. Upstream Bible Study and
Contemporary Worship Service

Thursdays

- 12:30 p.m. Meditation and Music
- 7:30 p.m. Chancel Choir Rehearsal

Information for the February issue of the Insights newsletter is due Jan. 20.

Photos of church events are accepted at any time. Include photographer's name, date of the photo, and a brief description of the event. Everything is subject to editing. Please send your submissions via email to Insights Editor Michele W. Conway: insightsfirstpa@gmail.com or bring them to the church office. Thank you!



FIRST PALO ALTO
UNITED METHODIST CHURCH

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FIRST PALO ALTO UNITED METHODIST CHURCH

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