

Hotel de Zink Meal Providers Main Dish Suggestions:

Fried/roast/grilled chicken
Barbequed burgers/sausages
Meat loaf
Baked ham
Pork or turkey tenderloins
Enchiladas, tamale pie, shepherd's pie, fixings for tacos
Lasagna, macaroni and cheese
Stew, chili, chicken casseroles

Hotel de Zink clients really seem to like meat. If a Meal Volunteer doesn't cook, suggestion might be pizzas or (rarely) a purchased lasagna. If we have vegetarian clients, food providers could consider options such as adding veggie burgers/tofu dogs to a BBQ, or making a veggie side dish that could serve as a main dish, etc.

Salad/side dish Suggestions:

Greens salad, crudités (carrot sticks, etc.) with ranch dressing, coleslaw
Macaroni/pasta salad
Fruit salad
Southwestern corn/bean salad
Roasted vegs, cooked green vegs, potatoes.

Drink Suggestions:

Fruit juices, lemonade, sparkling water, iced tea, no sodas.
Juices and milk will also be needed for breakfast.

Dessert Suggestions:

Pieces of fruit, watermelon
Individual ice creams/popsicle,
Cookies and brownies have been the most popular.
For some reason, pies and cakes don't seem to be as well received