

Job 3:1-10 Series: Reconnecting with God

Reconnecting with God after Suffering



Suffering is not a topic readily preached about or addressed in church today. Consequently, when Christians suffer, we believe we do so unjustly.

Job1: Job had “seven sons and three daughters,³ and he owned seven thousand sheep, three thousand camels, five hundred yoke of oxen and five hundred donkeys, and had a large number of servants. He was the greatest man among all the people of the East. After this, Job opened his mouth and cursed the day of his birth.” And all of them were killed. Job’s suffering was so severe that he cursed the day he was born. Job 3 1-10

²He said:

³“May the day of my birth perish,
and the night that said, ‘A boy is conceived!’

⁴That day—may it turn to darkness;
may God above not care about it;
may no light shine on it...”

When Job’s friends; Eliphaz, Bildad, and Zophar heard about all his sorrows they came to comfort him.

How should friends respond when we are suffering?

- · Proverbs 17:17 Help them not to suffer in isolation
- · Don’t judge Be present
- · Help them seek professional assistance

Suffering is not a topic readily preached about or addressed in church today. Consequently, when Christians suffer, we believe we do so unjustly. However, lament is as integral to the human existence.

Over 1/3 of the Psalms is about lament. Lamentations is entirely about anguish and suffering.

How can the church provide spaces for lament to-?

- · End suffering in isolation
- · Understand lament as an act of faith
- · Acknowledge our pain and the relationship between suffering and redemption
- · Lament the tragedies around us and strengthen the body of Christ
- · Understand what the bible says about suffering

Begin with praying the scriptures-Psalms for ways to lament and other scriptures to understand suffering more

- · The Book of Job
- · Matthew 27:45 - 46, NASB
 - 'Eli, Eli, lama sabachthani?' that is, 'My God, My God, why have You forsaken Me?
- · Philippians 3:10
 - "I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, [11](#)and so, somehow, attaining to the resurrection from the dead."
- · Mark 8: 34-Deny yourself and come and follow me.
- · 2 Tim 3:12
- · John 11: 17-27

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¹ Reverend Dr. Debra Murray