

# FIRST UNITED METHODIST CHURCH OF PALO ALTO

## Fifth Sunday After Epiphany



Sunday, February 7  
10:45 service

Good morning! Please click [here](#) if you would like to submit a prayer request.

Welcome

Reverend Dr. Debra Murray

Introit

*Majesty, Worship His Majesty*

Prelude

*Oboe Concerto in D minor*  
Andante, Adagio, Presto

A. Marcelli (1673-1747)

Fiume di Musica

Processional Hymn

*Christ Whose Glory Fills the Skies*

UMH 173

Christ, whose glory fills the skies,  
Christ, the true, the only light,  
Sun of Righteousness, arise,  
triumph o'er the shades of night;  
Dayspring from on high, be near;  
Daystar, in my heart appear.

Dark and cheerless is the morn  
unaccompanied by thee;  
joyless is the day's return,  
till thy mercy's beams I see;  
till they inward light impart,  
cheer my eyes and warm my heart.

Visit then this soul of mine;  
pierce the gloom of sin and grief;  
fill me, Radiance divine,  
scatter all my unbelief;  
more and more thyself display,  
shining to the perfect day.



Life of the Community

Call to Worship

God comes into a world filled with uncertainties and darkness.  
**God seeks out the voids of belief and conviction.**  
 God embraces the wounded and broken.  
**God knocks down the walls of division and strife.**  
 God is the candle shining in the darkness of our days.  
**God is the light of our lives.**  
 God is the one who makes all things new.  
**Praise be to God, now and forevermore!**

Pastoral Prayer

Lord's Prayer

Our Creator who art in heaven,  
 hallowed be thy Name,  
 thy kingdom come,  
 thy will be done,  
 on earth as it is in heaven.  
 Give us this day our daily bread,  
 And forgive us our trespasses as we forgive those who trespass against us.  
 Lead us not into temptation, but deliver us from evil,  
 For thine is the kingdom, the power, and the glory forever. Amen.

Anthem

*I Have Longed for Thy Saving Health*

William Byrd (1529-1623)

Scripture

*Mark 1:29-39*

Hymn

*Healer of Our Ev'ry Ill*

FWS 2213, v. 1, 2, 4

Refrain:  
 Healer of our every ill,  
 light of each tomorrow,  
 give us peace beyond our fear,  
 and hope beyond our sorrow.

You who know our fears and sadness,  
 grace us with your peace and gladness;  
 Spirit of all comfort, fill our hearts. [Refrain]

In the pain and joy beholding  
 how your grace is still unfolding,  
 give us all your vision, God of love. [Refrain]

You who know each thought and feeling,  
 teach us all your way of healing;  
 Spirit of compassion, fill each heart. [Refrain]





Message

Reverend Dr. Debra Murray

Anthem

*Heal Me, Hands of Christ*

Elaine Aune

## **HOLY COMMUNION**

L: Before we begin our celebration of Holy Communion, I want to pause to invite those of you who have not already prepared elements to do so. I assure you that even an English muffin can become a sacrament, even a Cup of water or tea can become remembrance of God's redeeming love.

Receive this invitation for holy communion. This morning I invite you to lend Christ your home. On the first day of hosanna in their hearts, Jesus asked to borrow a donkey. On the Thursday that followed, Jesus rented or was given John's mother's upper room to celebrate the Passover with the disciples. On the afternoon of the resurrection, Jesus was invited into a house in Emmaus and used the bread of that hospitality to break and bless. Lend Christ your home and your cup and your heart. For as the disciples told the person who loaned the donkey, the Lord hath need of it. Receive the prayer of consecration.

We belong to a worldwide table where we are one bread, one body, one cup of blessing. Though we are many throughout the earth and this church community is spread worldwide, we are one in Christ. In your many kitchens and living rooms, rest your hands lightly upon these elements which we've set aside today to be a sacrament. And let us ask God's blessing upon them:

**A: Gentle Redeemer there is no lock down on your blessing and no quarantine on grace. Send your spirit of life and love, power and blessing upon every table where your child shelters in place, that this bread may be broken and gathered in love, and this cup poured out to give hope to all. Risen Christ, live in us that we may live in you. Breathe in us that we may breathe in you.**

L: We remember that Paul the Apostle wrote letters to congregations throughout the places we now call Greece, Turkey and Macedonia. And they were the first remote worship resources. Our online service has a long heritage. The communion words sent to the church at Corinth were these: for I received from the Lord what I also handed onto you, that the Lord Jesus on the night on which he was betrayed took a loaf of bread. And when he had given thanks, he broke it and said, this is my body that is broken for you. Do this in remembrance of me. And in the same way he took the cup after supper saying, this is the new covenant in my blood. Do this as often as you drink it in remembrance of me. For as often as you eat this bread and drink this cup, you proclaim the Lord's death until he comes. Let us in our many places receive the gift of God, the bread of heaven. Please hold your bread up in front of you, and let's break it together, symbolizing that this is the body of Christ, which is broken for us.

**A: We are one in Christ in the bread we share.**

L: Let us in many places receive the gift of God, the cup of blessing. Lift up your Cup and dip your bread in the cup of blessing.

**A: We are one in Christ in the Cup we share.**

L: And let us partake. Let us pray in thanksgiving for this meal of grace, rejoicing that by the very method of our worship we have embodied the truth that Christ's love is not limited by buildings made by hand, nor contained in human ceremonies, but blows as free as the spirit in all places.





**A: Spirit of Christ, you have blessed our tables and our lives. May the eating of this bread give us courage to speak faith and act love, not only in church sanctuaries, but in your precious world. And may the drinking of this cup renew our hope, even in the midst of pandemic. Wrap your hopeful presence around all whose bodies, spirits and hearts need healing, and let us become your compassion and safe refuge. Amen.**

Invitation to the Offering

Offertory Prayer

God of grace and mercy, you are the source of the true healing that can make us whole. We remember this morning that Jesus’ ministry was deeply involved in both healing of people’s bodies and healing of relationships. As we take time now in worship to offer our gifts to you, we pray that they might be used to bring healing – of body, of spirit, of broken relationships – to people who are in desperate need. This we pray this in Jesus’ holy name. Amen.

Offertory *Divertissement* Gordon Young (1919-1998)

Doxology *Praise God From Whom All Blessings Flow* UMH No. 94

Closing Hymn *All Hail the Power of Jesus’ Name* UMH 154 v. 1, 2, 4, 5

All hail the power of Jesus' name!  
 Let angels prostrate fall;  
 bring forth the royal diadem,  
 and crown him Lord of all.  
 Bring forth the royal diadem,  
 and crown him Lord of all.

Let every kindred, every tribe  
 on this terrestrial ball,  
 to him all majesty ascribe,  
 and crown him Lord of all.  
 To him all majesty ascribe,  
 and crown him Lord of all.

Ye chosen seed of Israel's race,  
 ye ransomed from the fall,  
 hail him who saves you by his grace,  
 and crown him Lord of all.  
 Hail him who saves you by his grace,  
 and crown him Lord of all.

Crown him, ye martyrs of your God,  
 who from his altar call;  
 extol the Stem of Jesse's Rod,  
 and crown him Lord of all.  
 Extol the Stem of Jesse's Rod,  
 and crown him Lord of all.

Benediction Reverend Dr. Debra Murray

*Alleluia* UMH 186

Postlude *Toccata on "Great Day"* Adolphus Hailstork (b. 1941)

### Virtual Coffee & Chat

Join us after the service for a virtual coffee chat! All are welcome.  
 Zoom Link: <https://us02web.zoom.us/j/81124350936>  
 Please message Paula McKinney or Pastor Ann for the password.