

**March 10, 2019**  
**1st Sunday of Lent**  
**10:45 a.m. Worship Celebration**

Good Morning! Malo e lava mai! Nisa bula vinaka!  
In this Reconciling Congregation, all people are welcome, safe and cherished.  
[www.RMNetwork.org](http://www.RMNetwork.org)

Presiding in worship: Rev. Dr. Debra Murray  
Lay liturgist: Emily Allen

*With the sounding of the chimes, we are gathered as a family of faith.  
Please stand as you are able where indicated by an asterisk (\*).  
Children's activity packets are available in the entry way.*

**WE GATHER IN GOD'S PRESENCE**

Prelude / "Silence May Be Kept" / Dan Locklair  
*The Ushers distribute the Attendance Registers during the prelude.*

Lighting the Candles

Welcome / Rev Dr. Debra Murray

**WE SPEAK TO GOD**

\*Opening Hymn / *The God of Abraham Praise* / No. 116

\*Call to Worship / Emily Allen

Leader: Temptation surrounds us at every turn, inviting us to take just a little more:

**People: More food, more money, more power, more life!**

Leader: "What could it hurt?" we hear, on television, from friends, in our own souls:

**People: More suffering, more hunger, more need, more fear, more anger.**

Leader: So we gather today in worship to hear the consequences of "more":

**People: And to celebrate that we do not need "more" when we have everything in Christ.**

Leader: Beloved of God, let us drink deeply from the wellspring of God's Spirit, which has all we need to live fully, love deeply, and serve faithfully.

**People: Thanks be to God!**

The Children in Our Midst

Life of the Community / Emily Allen

Pastoral Prayer / Rev. Dr. Debra Murray

\*The Lord's Prayer / No. 895

**Our Father, who art in heaven, hallowed be thy name.**

**Thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, forever. Amen.**

\*The Peace of Christ Be With You / stand and greet your neighbor

\*Sung Response / *Shalom to You* / No. 666

**Shalom to you now, shalom, my friends.**

**May God's full mercies bless you, my friends.**

**In all your living and through your loving,  
Christ be your shalom, Christ be your shalom.**

Anthem / *Create In Me A Clean Heart* / Allen Pote

**GOD SPEAKS TO US**

Scripture Reading / *Romans 10:8-13* / Sandra Florstedt

Old Testament p. 174, New Testament 150; large print p. 194

\*Hymn / *On Eagle's Wings* / No. 143, 1-2

Verses: Chancel Choir; Refrain: Congregation

Sermon / *God's Generous Heart* / Rev. Dr. Debra Murray

Opportunity to Join the Family of God

Sung Response / *On Eagle's Wings* / No. 143, v. 3-4

Verses: Chancel Choir; Refrain: Congregation

**OUR RESPONSE TO GOD**

Invitation to the Offering / Emily Allen

Offertory / *Savior, When in Dust to You (Aberystwyth)* / Gerald Near

\*Doxology / *Praise God From Whom All Blessings Flow* / No. 94

\*Prayer of Dedication of Gifts & Self / Emily Allen / Unison

**Holy Source of all good things, we bring our tithes and offerings to your altar in gratitude and in full knowledge that we are not deserving of the many blessings you have poured into our lives. Our offering cannot begin to repay the many gifts we have received, most clearly the gift of our redemption through your son Jesus Christ. May our act of giving be the proclamation of our hearts to all the world that we are so desperately in need of a savior; and in love, you provided Jesus. By your love alone, we boldly pray in Christ's holy name. Amen.**

**WE SPEAK TO THE WORLD**

\*Closing Hymn / *Lord, Throughout These Forty Days* / No. 269, v. 1-4

\*Benediction / Rev. Dr. Debra Murray

\*Alleluia / No. 186, vs. 1

\*Postlude / *The God of Abraham Praise* / Richard Elliott



*All are invited to a time of refreshment and conversation  
on the patio following worship.*

*The altar flowers are given to the glory of God and in honor of the  
birthdays this week of Diane Allen and Emily Allen.*



**Lenten Sermon Titles & Scripture**

**March 10 — "God's Generous Heart"**

Romans 10:8-13

**March 17 — "Imitating"**

Genesis 15:1-12, 17-18

Philippians 3:17-4:1

**March 24 — "Repenting"**

Isaiah 55:1-9

1 Corinthians 10:1-13

**March 31 — "Coming Together"**

Joshua 5:9-12

2 Corinthians 5:16-21

**April 7 — "Making a New Thing"**

Isaiah 43:16-21

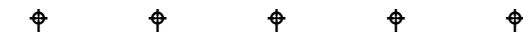
Philippians 3:4-14

**April 14 — "Preparing"**

Isaiah: 50:4-9

Philippians 2:5-11

Luke 19:28-40



**Our Vision:**

The Children in Our Midst  
The Mission at Our Doorstep  
A Place of Hospitality and Grace

Rev. Dr. Debra Murray, Senior Pastor  
Mark Shaull, Director of Music  
Diane Keller, Organist  
Peni Savou, Lay Leader, Fijian Language Ministry

**The worship service is webcast live every Sunday. To view it, go to [www.firstpalalto.com/live](http://www.firstpalalto.com/live).** DVD's of the 10:45am worship service are available to borrow in the library or to purchase by contacting the church office.

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## NOTEWORTHY NEWS.....

**Great Decisions Foreign Policy Discussion Series:**  
7 PM-8:30 PM in Kohlstedt Hall, **March 3, 10, 17, 24, 31.**

**Upcoming topics:**  
**TODAY—Decoding U.S.-China Trade** (speaker: David M. Lampton )  
**3/17—Refugees and Global Migration** (speaker: Tom Fingar)



**REMINDER: CEF Grant Applications** are due to this office by **THIS FRIDAY (3/15), 4 PM!**


**Wednesday Nights During Lent:** Join us for 1 hr on Wednesday nights during Lent. Soup will be served from **6:30-7 PM** in the Patio Room. Following the meal we will have a community time with Bible study, prayer and singing. Rev. Dr. Debra Murray will lead a Bible study based on the Sunday sermon scriptures. An alternative Bible activity will be offered for children.

**Abacadabra! Turn an Old Vase into a Smile!** Blossom Buddies, is collecting vases. Blossom Buddies re-purposes our discarded worship and event flowers, arranging the flowers in donated vases and delivering the bouquets to residents in health care facilities who need a little extra cheer. More than 300 bouquets are delivered each month and a vase is needed for each one. The best vases for Blossom Buddies' use are: Small and medium sized (up to 12 inches tall), clear or colored, plain or fancy. Mason jars are great too! Please place vases in the bin in the narthex on Sundays or in the bin outside the office on weekdays through **March 31**. For more information, see Michele Conway or visit BlossomBuddies.org.

**Kundalini Yoga** spring class meets every **Wednesday 7-8:30 PM** through March 27. Kundalini is a gentle mindfulness yoga for all ages and skill levels, and can be done from a mat or chair. Contact Laura Alvarado laurajalvarado3@gmail.com for information or to sign up. Suggested donation is \$12 per class, first class is free.

**Tuesday Trekkers (NEW FALL TIME):** Every Tuesday morning Patty Bellardo and a group of dedicated walkers meet at **10:00 AM** to spend 1'30", covering 3 miles along the Bay front. We meet at San Antonio and Terminal. Come and enjoy the fellowship, birds and fresh air. Contact Patty at (650) 327-1428 for information. Motion is lotion.

**Chancel Choir** rehearses Thursdays at 8 PM. Contact Mark Shaull: markshaull@gmail.com.



**We lift the names of those asking for prayer, with thanksgiving for the healing already being received:**  
Artemas, Don and Jennifer (Janet Nicholls' friends), Emilie Sweet, Danielle Martell, Keith Perry, Frankie Campos, Jimmy Winston (Paula McKinney's cousin), June Nielson, Mehri Namdarian, Ruthie Waters, Sheila Gholson

**We lift the names of those who have passed away:**  
Pat Lubman on 3/6.  
Kay Fuller on 2/25. A memorial service will be held at the First Presbyterian Church of San Anselmo, today at 2 PM.

To add your name to the prayer list, fill out a Prayer Request Card and place in the offering plate. Our "on-going prayer list" (for persons who are homebound, battling long-term illness, or serving overseas) may be found on our website.

**Handbells** rehearses **Thursdays, 6:45 PM** in the Sanctuary. We always welcome new members! Music reading skills are a plus, but not a necessity.



### THIS WEEK AT FIRST CHURCH

Check our online calendar at [www.FirstPaloAlto.com](http://www.FirstPaloAlto.com) for the latest schedule information.  
Church Office Hours are Monday - Friday, 9:00 a.m. - 4:00 p.m. Closed weekends.

#### Sunday March 10

11:45 AM **Snack-n-Chat**, Patio  
7:00 PM **Great Decisions**, Kohlstedt Hall

#### Monday March 11

12:00 PM **Noonday Prayer**, Sanctuary  
5:00 PM **Breaking Bread**, Kohlstedt Hall  
7:00 PM **Fiume di Musica Rehearsal**, Sanctuary

#### Tuesday March 12

10:00 AM **Tuesday Trekkers**, Off-site  
11:30 AM **UMW Lunch Bunch**, Off-site  
12:00 PM **Noonday Prayer**, Sanctuary  
7:30 PM **Board of Trustees**, Patio Room

#### Wednesday March 13

9:00 AM **First School Soccer Class**, Fellowship Hall  
10:00 AM **Bible Study**, Channing House  
12:00 PM **Noonday Prayer**, Sanctuary  
6:30 PM **Wednesday Nights During Lent Soup Meal**, Patio Room  
7:00 PM **Wednesday Service**, Chapel  
7:00 PM **Kundalini Yoga**, Wesley Room

#### Thursday March 14

9:30 AM **UMW Walking Group**, Off-site  
12:00 PM **Noonday Prayer**, Sanctuary  
6:45 PM **Handbells Rehearsal**, Sanctuary  
8:00 PM **Chancel Choir Rehearsal**, Kohlstedt Hall  
8:00 PM **Community Band Practice**, Chapel

#### Sunday March 17

8:45 AM **Upstream Casual Worship**, Chapel  
9:45 AM **Children's Sunday School**  
    **Infants & Toddlers**, Noah's Ark Nursery  
    **Preschool-K**, Butterfly Room (1st floor)  
    **1st-5th Grade**, Rainbow Room (2nd floor)  
9:45 AM **Adult Bible Study**, Wesley Room  
10:45 AM **Sanctuary Worship Celebration**

**All committees: when scheduling meetings, please be aware that Monday and Friday are Pastor Debra's days off. Thank you!**

For questions regarding **Children & Youth Ministries** contact **Pastor Debra**, [debra@firstpaloalto.com](mailto:debra@firstpaloalto.com).

**Nursery Care** for children ages up to 3 years old is available every Sunday from 8:00 a.m. until 12 noon in Noah's Ark Nursery, located next to the Library on the 1st floor.

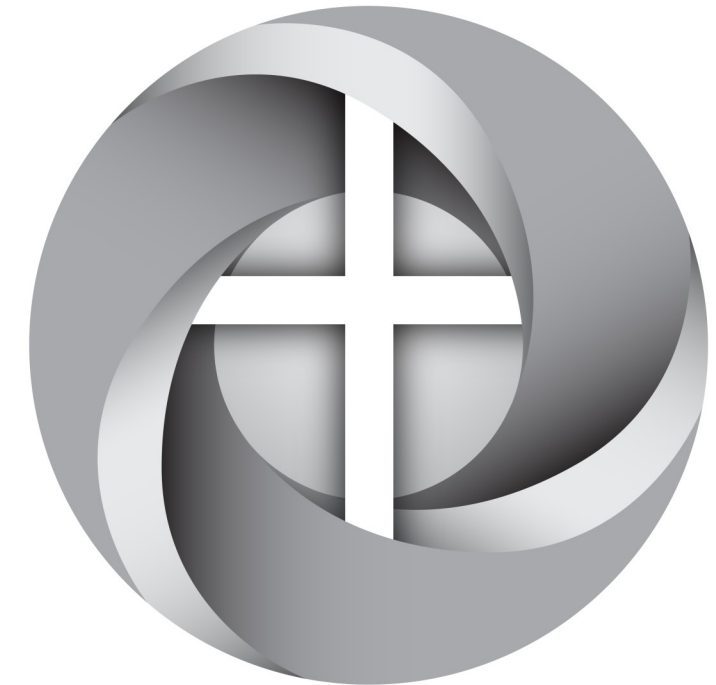
**Children's Sunday School for kids age 3 through 5th grade:**  
Sunday School is from 9:45 to 10:40 a.m. in the First School room (ages 3 through Kinder) and the Rainbow Room (grades 1 through 5).

**YOOPA (Youth of First Palo Alto) for 6th-12th graders:** Contact Pastor Debra for meeting details.

# WELCOME

March 10, 2019

1st Sunday of Lent



## FIRST PALO ALTO

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## UNITED METHODIST CHURCH

**WORSHIP CELEBRATIONS**

**8:45 AM and 10:45 AM**

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