



MORNING PRAYER

Rev. Debra will pray at 6:00 a.m. on Mondays and Wednesdays for God's guidance for growth and unification in the marriage between our congregation and our pastors. You are welcome to join her via teleconference.

This Guidance and Unity prayer lasts 15 minutes. Pastors will remain on the line for an additional 15 minutes to receive and pray for individual prayer requests.

Dial 1-605-475-5910 and enter the access code, 8034157 when prompted. You will join Rev. Debra and Rev. Maile on the line. You do not have to disclose your name.

The Guidance and Unity prayer begins promptly at 6:00 a.m. and ends at 6:15. Participants can make brief individual prayer requests after the Guidance and Unity prayer is over.



First Palo Alto Provided Meals and Shelter for Hotel de Zink in June

by Colleen Crangle

The month of June has come and gone and so have our annual Hotel de Zink guests. This year 16 men and women stayed overnight in Kohlstedt Hall from June 1 through June 30 with the Hotel de Zink emergency shelter program which is run by LifeMoves (<https://lifemoves.org/>).

Clients arrived each evening to dinner prepared and served at 9 p.m. by groups, families or individuals in our congregation. There was a wide variety of dishes and the guests loved the dinners. They would come into the kitchen each night eager to see what was on offer.

Guests spent the night at the church, sleeping on mats in Kohlstedt Hall. LifeMoves staff were in attendance throughout the night. First Palo Alto provided access to a shower and clean towels every day.

Our church also provided breakfast and lunch items that were very much appreciated. After spending the night, guests ate breakfast and prepared take-away lunches. They left in the morning, returning again in the evening.

It took around 60 people to make Hotel de Zink work at our church this year. Some provided meals or paper goods; others provided breakfast and lunch fixings. Each week had an individual or couple as coordinator. The weekly coordinators were crucial in keeping things running smoothly. Others (but mostly one faithful person, Nancy Olson) supplied our guests with clean towels each day.

Thank you to all for your kindness and caring.

Hotel de Zink is Palo Alto's only homeless shelter, serving roughly 100 people each year. For the past 27 years, 12 mid-peninsula churches have taken turns each month to provide food and shelter for 15-16 men and women who are in transition and without stable housing.



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Welcoming Rev. Dr. Debra Murray as Our New Senior Pastor



We are blessed by the appointment of Rev. Dr. Debra Murray to be our Senior Pastor at First Palo Alto UMC. We are excited to welcome her and her husband, Dr. Joseph Murray, a Strategy and Development international business consultant, to our congregation.

Rev. Dr. Murray is a passionate pastor, preacher, teacher, author, and leadership consultant. She is affectionately known as the Soul Dr. because she uses “God’s purpose” as a starting place for all endeavors. She has traveled to more than 21 countries sharing the gospel and advocating for equity and justice for all. She began her role as Senior Pastor here at First Palo Alto on July 1.

Rev. Dr. Murray uses her 15 years as an executive with AT&T and Lucent Technologies to assist nonprofits and faith-based community organizations in visioning, strategy and development, and capacity building. As a Professional Spiritual Life Coach and Multicultural Leadership Consultant, she assists corporations and individuals to “restart” their businesses and lives by changing their “mindsets” and “setting their intentions” to live on purpose and not by default. Rev. Dr. Murray is the President of Simple Strategies for Success; a nonprofit devoted to skill building, counseling and microbusiness development for women with children living in impoverished areas around the world.

Rev. Dr. Murray’s formal training consists of a Doctorate of Ministry in Christian Leadership and Biblical Preaching from Asbury Theological Seminary’s Beeson International Scholars Program, a Master of Divinity from Union Theological Seminary, and a Master of Arts in Organizational Management from the University of Phoenix. Rev. Dr. Murray is also an itinerant elder in the A.M.E. church.

She was formerly Senior Pastor of Tongan, Samoan, and English congregations at Waianae United Methodist Church (WUMC) in Oahu, Hawaii. WUMC is a multicultural congregation with 17 different blended ethnicities.

Welcoming Rev. Maile Koloto as Our New Associate Pastor



Rev. Maile Tongi’one Koloto is no stranger to First Palo Alto UMC. He served here as the lay leader for the Tongan Fellowship in 1984–1989 together with his late wife Latu Eveline Koloto and their two children, son Sailosisavu and daughter Mary Hau’alofa’ia. He thinks of this place as home. We gladly welcome Rev. Maile Koloto back to First Palo Alto.

Rev. Koloto devotes himself to serving God and all people.

“Koe lelei kuou ngaue kiai, koe lelei ma’ae kakai. Koe hala fononga peia, kihe fonua ‘o e monu’ia.”

“The greatest gift I can give someone, is giving them my best. That is the way of my desire to serve where blessings overflow.”

In 1993 Rev. Koloto became the Associate Pastor for the Palo Alto Tongan congregation, then was called to Laurel UMC in Oakland in 2001. He spent 10 years there working passionately with his family and community to put teenagers through school and encourage higher education by setting up after school programs with access to computers, teacher volunteers, and internships across the nation. As Oakland has one of the nation’s highest city crime rates, Rev. Koloto and his family sought ways to keep the youth and young adults of the community aware and safe by forming ministries with the community and different ethnicities and using the church as a place to bring young people together.

In 2011 Rev. Koloto and his family served First Tongan UMC of San Bruno for two years. There he was able to start up a Second Harvest Food Bank twice a month and a meal for the neighborhood’s homeless each Sunday morning.

Before being called back to First Palo Alto, Rev. Koloto served at Fale Hufanga Tongan UMC in San Carlos. There Maile and his family laid Latu to rest in eternal peace in 2015.

Greetings Family and Friends,

It has been an amazing first week here at First Palo Alto and full of blessings for my family and I. On our first Sunday at Palo Alto, I was excited to see familiar faces and meet new people. After the worship service, we had refreshments which gave me the opportunity to fellowship with our church family. We've come off with a great start.

We also had the pleasure of celebrating with the Tongan fellowship in dance and with delicious food on Saturday.



It has truly been a wonderful beginning and I look forward to what God has in store for our time ahead, to grow together in His light and be the salt of the earth.

Mondays and Wednesdays at 6 a.m. Senior Pastor Rev. Dr. Debra Murray leads us in prayer. We pray for those in need and for any concerns. All are welcome to join.

With the leadership of Rev. Dr. Debra Murray and God as the captain of our boat, I am thrilled to work alongside the congregation and I have high hopes for what we are all called to do.

With Peace & Love,
Rev. Maile Tongi'one Koloto



New Pastor Meet & Greet Gatherings

If you have not already attended a Meet & Greet gathering with our new pastors, make plans to attend one of these events in August. Currently scheduled for August:

Wednesday, Aug. 15, 10:00 a.m.:
Meet & Greet at Channing House

Check the Sunday bulletins and website for other dates and details.

Don't miss the opportunity to connect with Pastor Debra and Pastor Maile in one of these informal small group settings.



An impromptu choir has been making joyful sounds each Sunday this summer, meeting at 9:45 a.m. in the sanctuary to rehearse an anthem and sing it in worship at 10:45. Everyone is invited to join the choir on any or all summer Sundays. It is a great way to meet others who enjoy singing and find out if you might want to join the Chancel Choir in the fall. Photo by Ben Conway

Free Tech Help for You

Did you know the Palo Alto Library System offers *free* weekend drop-in tech help! Volunteer Teen Tech Tutors are available to answer any questions about computer troubleshooting, programs and apps, downloading books and media from the library database, streaming, and more. You can bring your own laptop or use one of the library computers. Saturdays, 10:15 a.m.–12:15 p.m. at the Mitchell Park Library, 3700 Middlefield Rd.

Sundays, 10:15 a.m.–12:00 p.m. at the Rinconada Library, 1213 Newell Rd.

Not a Palo Alto resident? Many other local library systems, such as Santa Clara County and Redwood City, have similar programs.

Remember our **Summer Reading Contest** continues through September. Stop by the church library for details.

Hotel de Zink *from page 1*

Clients are pre-screened and are provided ongoing supervision by LifeMoves for up to 90 days in the Hotel de Zink program.

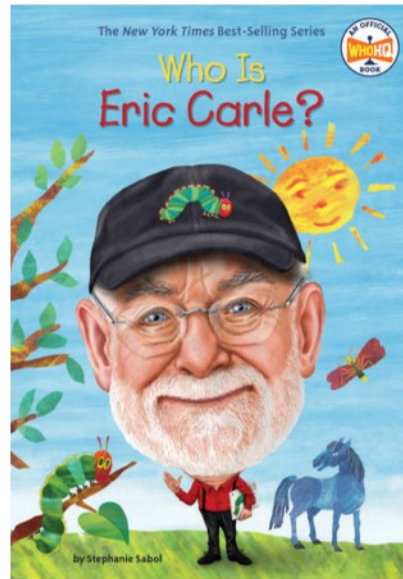
Along with First Palo Alto, the other Hotel de Zink host churches are Trinity Lutheran, Wesley United Methodist, First Congregational, Church of Christ, St. Mark's Episcopal, First Presbyterian, Christian Reformed Church, Unitarian Universalist, All Saints' Episcopal, Friends Meeting (all of Palo Alto) and Menlo Church.

Church Library News: Illustrators

by Charlotte Cutkosky



Hello First Palo Alto readers! For the next few months, I'll be shining the spotlight on some of the illustrators that bring the books in our library to life with their vibrant works. (In the last issue we focused on illustrator Teagan White.) This month the spotlight is on illustrator Gregory Copeland.



If you're a fan of Penguin's "Who HQ" series, then you already know the work of Gregory Copeland, who illustrates all the books in this series of nonfiction historical and science chapter books for young readers. It's easy to recognize the oversized heads of the (kind) caricatures of historical figures that feature on every cover, but Copeland also draws the realistic black and white graphite illustrations and maps and diagrams you'll find inside Who HQ books. Copeland's work strikes a balance between realism and a soft, welcoming warmth that makes

him ideal for illustrating children's nonfiction.

You can find Who HQ biographies for Coretta Scott King, Neil Armstrong, and Jane Goodall in the church library, and be sure to keep a lookout for more upcoming Who HQ books on topics like the history of rock and roll, Woodstock, and Alcatraz.



View more of Gregory Copeland's illustrations at his online portfolio: <http://gregoryjcopeland.com/> and the Who HQ website: <http://www.whowasbookseries.com/> where you can also find educational games and quizzes.

Welcoming Our New Pastors, July 1

Photos by Ben Conway and
Patty Bellardo





The United Methodist Women (UMW) is open to all women of the church. For more information, contact Nancy Olson: nso2431@icloud.com

- UMW Circle and Interest Groups are taking vacation during the summer while so many are traveling. Activities will resume in September.

- UMW hopes you took the opportunity to attend the July Picnics in the Park to get better acquainted with each other and our new pastors.

- We want to thank members of the congregation for donating to the UMW sponsored blanket drive in May. Your generosity was wonderful and we were able to send \$673 to provide blankets to those in need caused by weather, fires, local disasters. There were 22 such situations in the United States last year.

- Multifaith Voices for Peace and Justice has a monthly meeting on the 11th day of the month, from 7:00 to 7:30 p.m. We come together as members of the diverse faith community to worship and pray together. We meet in different houses of worship. In June we were at St. Thomas Aquinas Catholic Church on Waverley. In July we met at Musalla Muslim Community, on

continued on page 8



Keep Cool!

by Nancy Olson

As unpredictable as our weather has become, we know and accept that August will have some warmer than usual temperatures. When

looking for ways to cool our houses, there are some old fashioned methods that still work: closing shades on the sunny side of the house; opening windows (with screens in good repair) to provide a cross breeze and night cooling; checking the status of attic insulation (rebates are often available).

It is a good time to check our irrigation systems for leaks that waste water and increase our water bills. Adding mulch to flower beds can conserve moisture. Check the frequency of sprinkler systems—need varies with each season.

The City of Palo Alto Utilities offers rebates to Palo Alto residents who replace a high water use landscape with a qualifying low water use landscape. Pre-inspection is required.

There are also rebates available for home improvements that help conserve water: rain barrels, cisterns, green roofs, permeable pavements. For more information and application forms: www.cityofpaloalto.org/stormwater

Please remember that if you need to drain your pool, spa or fountain, *drain to your sewer cleanout*. Do *not* drain to the curb/gutter as this drains directly to our creeks and the Bay. Remember that to conserve water, pools should only be drained to stabilize water hardness or to make a repair.

City residents are reminded that many of our actions affect our Bay. In the privacy of our homes, we often think we can get rid of lots off things by flushing them away. But we need to realize that *toilets are not trash cans*. Even though labels on some baby wipes and kitty litter claim to be flushable, they should not be flushed. Things like cotton balls, hair, dental floss, and cosmetic or disposable wipes should not be flushed. Only three things should be flushed: water, human waste and toilet paper.

Let's smile and keep cool. (I always think smiling is cooling—maybe the heat has affected me . . .)



**Share a Smile—
It's Contagious**



Picnics in the Park

Food, fun and fellowship were on the menu at the summer Picnics in the Park on three Thursdays in July at Mitchell Park in Palo Alto. Grill chefs provided the main dishes using their own special recipes and techniques. Salad chefs contributed a healthy variety of side dishes. Dessert chefs topped off the evening meals with sweet concoctions. Pleasant conversation flowed. Photos by Ben Conway



Resolve to Revitalize



Church revitalization is a hot topic, and ideas for congregations can bring fresh energy and meaning to personal and family life, too. Consider the following tips:

- Have a clear vision. It's easy to go along day to day without considering what you're moving toward. Beyond the everyday routine, what bigger vision does God have for you? Take specific steps toward living that out.
- Ask yourself questions. What gets you excited—even passionate? What issues or situations break your heart? What are you good at? Resolve to use a talent or something you enjoy to help heal hurts.
- Balance history with innovation. Honor your past as God's gift that makes you who you are, but be open to change. Dare to step out in faith for the sake of your life's mission. Try something new in the spirit of the God who's always doing a new thing (Isaiah 43:19; Revelation 21:5).

Help revitalize your church by revitalizing your own life!

From *The Newsletter Newsletter*, January 2016



Worship is streamed live at 10:45 every Sunday morning. Join us at firstpaloalto.com/live-webcast/



UMW from page 6

Independence Ave. in Mountain View. We are all God's children. This is a good way to meet believers outside our church walls. To learn more: www.multifaithpeace.org

• New books for the UMW Reading Program have arrived in our church library. Just in time to join in the Library Summer Reading Contest. Do check out our Library collection which includes something for everyone: children's books and media, books for pleasure reading, and educational books and DVDs.



Lou Bellardo representing First Palo Alto UMC at the California-Nevada Annual Conference session in Modesto in June

Impact Investing Can Create Societal Benefits and Financial Returns

by Nancy Glaser

As I have previously reported, I coach East African local companies for the Stanford Seed program. Here is an update on one of my client companies, Ten Senses, an agribusiness in Kenya.



Invitation for the Launch of the

Cashew Nuts and Sesame Value Chain Project, Kilifi

The ambassadors of the Visegrad Group (v4—Czech Republic, Hungary, Slovakia, and Poland), the ambassador of the European Union to Kenya, Farm Africa and Ten Senses kindly invite you to the official launch event of the joint V4 development project to support Kenyan Farmers.

This event took place in June in Kilifi, a coastal town on the Indian Ocean in Kenya, at the Ten Senses Africa cashew nursery.

The joint 4-year project aims at improving social and economic conditions of small-scale holder farmers. The project aims at planting one million cashew trees and leading to food security, job creation and income generation for 15,000 farmers.

This project is building on Fair Trade and Organic certification with a focus on Agricultural Value Chain development.

The news here is that for-profit companies making a large social impact are getting funding in the form of both grants and investments from International Government Organizations (INGOs). Adding 15,000 “indirect” jobs for these currently subsistence farmers will be a real win-win for them, Ten Senses and the Kenyan economy. The farmers will have a ready market for their farmed nuts, training, access to equipment, better seedlings and earn a living wage. I have seen examples of this model in West Africa with cassava (5,000 farmers), shea nuts (5,000 women), coconut oil (5,000 farmers), and now cashew and macadamia nuts in Kenya for an additional 15,000 cashew growing farmers in addition to 6,000 macadamia farmers.

Social impact investments make a lot of sense in the developing world. Impact investing focuses on investing in companies or organizations to create a measurable societal benefit and generate a financial return. In addition to agribusiness, impact investing is typically centered around



Ten Senses CEO, Frank Omondi, with one of the EU Ambassadors

addressing a social issue, such as poverty or education, or an environmental issue, such as clean water. Increasing jobs, whether indirectly (as providers of raw materials) or directly, (factory workers) is the key for the economic development in a region.

Conclusion

In addition to this 2 million EURO grant, Ten Senses just closed on an equity round of \$2 million from a Dutch Social Impact Fund.

The Church office will be closed
Aug. 3, 6 and 7.

The office
will be
open
Summer
hours
(12–4 p.m.)
July 30–
Aug. 2
and
Aug. 8–10.



8/1 Alice Peterson
 8/1 Axel Larson
 8/1 David Blackburn
 8/1 Jennifer Blackburn
 8/1 Mere Bikai
 8/2 Carol Arterberry
 8/2 Sherry Bender
 8/4 Chuck Carman
 8/5 Gabriella Herbert-Paz
 8/6 Jim Van Horne
 8/7 Valevatu Rabuku
 8/8 David Marshall
 8/9 Kitty Baggott
 8/10 Benjamin Salsbury
 8/10 Linéa Stewart
 8/11 Elizabeth Center
 8/11 Frank Rahn
 8/12 Robert Lee Day
 8/12 Tim Breen
 8/13 Griffin Camens
 8/13 Lela Jones
 8/14 Sarah Perry
 8/16 Allen Wood



8/17 Mike McCartney
 8/18 Shirley Stewart
 8/19 Elin Holland
 8/20 Deb Martin
 8/21 B.J. Coleman
 8/21 Challen Yee
 8/22 Carol Gleason
 8/22 Denise Blase
 8/23 Kathleen Martin
 8/28 John Duhring
 8/28 Louisa King
 8/29 Jeff Perry
 8/29 Sue Clifford
 8/30 Fred English
 8/30 Mere Savali
 8/31 Alice Jensen

7/15/1961 Don and Sheralee Hill
 Iglehart
 8/16/1958 Douglas & Ellie
 Norris
 8/8/1970 John & Coral Baglin
 8/13/1977 John & Elsa Nimmo
 8/15/1977 Samuela & Mere
 Savali
 8/5/1978 John & Louise
 Pencavel
 8/28/1981 Valevatu & Sai
 Rabuku
 8/14/1982 Pamela & Mark
 Cutkosky
 8/22/1992 Eric & Eve Nelson in
 loving memory
 8/5/2000 Mo Olson & Chris
 Friesen
 8/23/2003 Christopher & Deb
 Martin
 8/15/2004 Stacy Paz & Carl
 Herbert
 8/7/2010 Kyle & Christina
 Harland
 8/16/2014 Jesse Fifita & Mele
 Teu-Fifita



Finance Update

The Finance Committee thanks you for your generous and gracious support and requests that you continue to keep your pledges current. Please direct inquiries to Lou Bellardo: lou@bellardo.com

June 2018 DRAFT Income and Expense Summary	Jun 2018 Actual	Actual YTD 2018	Budget YTD 2018	Budget Annual 2018
Income				
Total Member Giving	19,020	261,977	216,108	453,707
Total Income All Other Sources	16,839	145,768	159,607	299,214
Total Income	35,859	407,745	375,715	752,921
Expenses				
Conference Tithe	2,413	33,176	33,356	66,712
Council on Ministries	2,852	10,470	14,650	35,300
Staff Parish Relations	33,989	219,929	228,980	457,959
Office and Finance	1,926	8,017	10,550	18,400
Board of Trustees	30,392	97,037	100,754	174,550
Total Expenses	71,572	368,629	388,290	752,921
Excess (Deficit) of Income over Expense	-35,713	39,116	-12,575	0



WEEKLY SCHEDULE

Sundays

- 8:45 a.m. Upstream Worship, Chapel
 9:45 a.m. Impromptu Summer Choir rehearsal, Sanctuary (everyone welcome)
 9:45 a.m. Sunday School
 Children's and Adult Classes resume in September
 10:45 a.m. Sanctuary Worship
 Also broadcast live online at firstpaloalto.com/live-webcast/
 11:45 p.m. Snack and Chat
 Childcare is available during worship and Sunday School (8:30 a.m. – 12:30 p.m.) in "Noah's Ark"
 6:00 p.m. Youth Group: Middle and High School, resumes in September

Mondays

- 5:00 p.m. Breaking Bread
 7:00 p.m. Fiume di Musica, resumes in September

Tuesdays

- 10:00 a.m. Tuesday Trekkers, call 650-327-1428 for location

Wednesdays

- 10:00 a.m. Bible Study, Channing House, 5th floor lounge, resumes Aug. 22

Thursdays

- 8:00 p.m. Chancel Choir, resumes in September
 8:00 p.m. Community Band rehearsal (alternate weeks)

- 1 Church office hours 12–4 p.m.
Young Adult Fellowship, 7:00 p.m.
- 2 Church office hours 12–4 p.m.
- 3 Church office closed
- 6 Church office closed
- 7 Church office closed
Staff Parish Relations Committee, 7:00 p.m.
- 8 Church office hours 12–4 p.m.
- 9 Church office hours 12–4 p.m.
Community Band Practice, 8:00 p.m.
- 10 **Insights deadline** for September issue
Church office hours 12–4 p.m.
- 14 Board of Trustees, 7:30 p.m.
- 15 Meet & Greet at Channing House, 10:00 a.m.
Young Adult Fellowship, 7:00 p.m.
- 21 Finance Committee, 7:30 p.m.
- 23 Community Band Practice, 8:00 p.m.
- 28 Church Council, 7:30 p.m.
- 29 Young Adult Fellowship, 7:00 p.m.

Morning prayer by teleconference, every Monday and Wednesday at 6:00 a.m.
 (see page 1 for details)



Our electronic giving page is always open! Give with a few clicks at <http://www.firstpaloalto.com/give> As always, your generosity makes our mission possible. Thank you!



Information for the next edition of the Insights newsletter is due August 10.

All articles are subject to editing. Articles submitted late may be included as space allows. Please send your submissions to newsletter editor Michele Conway via email: insightsfirstpa@gmail.com or bring them to the church office. Thank you!



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Next INSIGHTS deadline: August 10

*"By this all people will know
that you are my disciples, if you
have love for one another."*

JOHN 13:35, ESV

